



**स्नोल्याण्ड एकिकृत विकास केन्द्र, नेपाल**  
**Snowland Integrated Development Center [SIDC-Nepal]**

Established 1993

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**Implementing Partner**

**ANNUAL PROGRESS REPORT**

**General Information:**

<b>Name of Implementing Partner</b>	Snowland Integrated Development Center, Nepal			
<b>Project District</b>	Humla			
<b>Project's Theme (✓)</b>	<b>Livelihood</b>	✓	<b>Education</b>	
	<b>Health &amp; WASH</b>	✓	<b>Sponsorship &amp; CP</b>	
<b>Project RM</b>	Simkot RM, Kharpunath RM, Sarkegad RM & Chankheli RM			
<b>Reporting Period (MMDDYY)</b>	January-December 2024			
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<b>Submitted by (Name/Position)</b>	Ramesh Bahadur Shahi (Cooperative Business Development Officer)			

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## List of Acronyms

**NGO: Non-Governmental Organization**

**INGO: International Non-Governmental Organization**

**ICDP: Integrated Community Development Project**

**SMC: School Management Committee**

**PMC: Project Management Committee**

**SIDC: Snowland Integrated Development Center**

**GNI: Good Neighbor International**

**LRP: Local Resource Person**

**ORC: Outreach Clinic**

**DWS: Drinking Water Supply**

**ECD: Early Child Development**

**POA: Plan of Activity**

**RM: Rural Municipality**

**HH: Household**

**VPP: Vegetable Pocket Project**

**VC: Value Chain**

**HFOMC: Health Facility Operation Management Committee**

**SEP: Social Enterprise Project**

**RF: Revolving Fund**

**HP: Health Post**

**CHU: Community Health Unit**

**JTA: Junior Technical Assistant**

**CBDO: Cooperative Business Development Officer**

**FCHV: Female Community Health Volunteer**

**BHU: Basic Health Unit**

## 1. Background: -

Snowland Integrated Development Center (SIDC) is a leading non-profit non-governmental, autonomous, social development organization having the based in Humla which is established in 1993. SIDC has been established by the local educated and the qualified residents with strong willingness and commitment possessing extensive experience in different sectors under the democratic pattern by holding the election in every 2 years by the general members for the representative of the executive body. The board comprises 9 executive members with a female chairperson including minimum of 33% of women representation. SIDC has been registered in the district administration in 1993 under the association and affiliation with the social welfare council and NGO federation of Nepal.

Several attempts were made by the different organizations in the past for the development of the Karnali. However, these were not found adequate to achieve the intended outputs and the results were still beyond our expectation because of the lack of the proper coordination and the knowledge about the typical land, place, and the people where they are culturally living. Seeing the lacks and efforts made in implementing different development endeavors in the region by many organizations in the past, there is a felt need to address equally in every aspect of development. So, SIDC is formed to fill the space being the bridge to the other stakeholders for progressive actions to bring out the concrete output in the field. Since then, people centered efforts were doing in proper co-operation, co-ordination, and collaboration in implementing different development activities in the region by governmental offices, national and international organizations and other interested agencies.

The constitution of SIDC has well defined set of objectives, goals, and mission to address the development equally in the district and to uplift the deprived community members who are Poor, Dalit, Ethnic and other marginalized people. SIDC realized and learned from the past development efforts because adequate attention was not given to identify the needs and demands of the community people, and they lack the utilization of resources (Human) available in the region. For this reason, SIDC make a well-set vision to identify the problems, needs and opportunities for proper utilization of the resources (Human) which are crucial for the sustainable development of Karnali. SIDC believes in collaborating with the agencies at local, district and national level and solid partnership with the civil societies, NGO/INGOs and federations at all levels to generate greater synergy on all its programs to contribute to meet the national goals and objectives. SIDC always tries to address and answering some of these important issues and promised to maintain the good relation among the people of the district for to make them empowered and make them participatory in the different fields of development.

Since its inception, SIDC has been working with the poor and marginalized people in rural Humla to empower them in the process of meeting their basic needs, improving livelihoods, and building their own socio-economic status upgraded. It has always focused on gender equality and the social inclusion. It has been success to maintain the good relation among the organizations and the people of the district for to make them empowered in the field like economic earnings, infra-structure, social mobilization, education, health and awareness, agriculture and husbandry, forestry, knowledge management and skill development. Besides the integrated activities of the development in the grassroots level, it is also engaged in communication, advocacy, lobbying, networking, and making the people more conscious at local and national level to promote the human rights and social justice.

Good Neighbor International Nepal has made its Project Agreement and General Agreement with Social Welfare 2021-2026, based on the Social Welfare Act and by law it has done agreement with SIDC, Humla to implement the Livelihood and Health Wash activities through SIDC project. The objectives of the Good Neighbor International are to increase equitable access and participation income generation process to improve the quality of livelihood status by supporting them in income generation and to strengthen more by the health and Wash activities.

SIDC Nepal is a reputed organization. It has worked in many sectors. It works on education, water and sanitation, health, livelihood, human rights and life skills climate change and such others many sectors. It has earned trust of the people. It made its first agreement with Good Neighbors International Nepal in 2016 to 2020 AD for five years. For second phase it has made agreement 2021 to 2026 AD.

Integrated Community Development Project (ICDP) has been implemented currently in four Rural Municipality (Chankheli, Sarkegad, Kharpunath and Simikot RM – former 16 VDCs of Humla district named Mimi, Darma, Shreemastha, Melchham, Gothi, Rodikot, Saya, Sarkideu, Barai, Lali, Kharpunath, Thehe, Bargaun, Raya, Chhipra and Simkot). The agreement is majorly focused on Health, WASH, Livelihood and Income-generation activities. The completed activities are as follows up from January to December 2024 which takes a place in the respective fields and the programs are from the POA 2024.

## 2. Activities in Details (Summary)

SN	Activities Name	Event	Program Date	Venue	Sector	No. of Beneficiaries		
						M	F	Total
<b>2024</b>								
1	Farming Accessories Support to Farmers	3	June, July 2024	Kharpunath & Simkot RM	Social Economy	23	284	307
2	Natural farming training (First & Second Phase)	11	March & May 2024	Kharpunath & Simkot RM	Social Economy	19	241	260
3	ToT on Natural Farming	1	April 2024	Simkot RM	Social Economy	1	10	11
4	Skill Development training for Cooperative Manager	1	May 2024	Simkot RM.	Social Economy	5	3	8
5	Natural Farming Demonstration	7	June 2024	Kharpunath & Simkot RM	Social Economy	2	13	15
6	School kitchen Garden and Nutrition Awareness	1	May 2024	Kharpunath RM.	Social Economy	229	267	496
7	Software Cost and AMC	1	June 2024	Mastadev Cooperative	Social Economy	39	127	166
8	Account & Revolving Fund Monitoring Training	7	August 2024	Kharpunath, Simkot & Sarkegad RM	Social Economy	72	44	116
9	Cooperative Management Support	4	January to December 2024	Sarkegad, Simkot and Kharpunath RM	Social Economy	3	3	6

10	Seed Support to Farmer (first & Second Phase)	2	May & November 2024	Simkot RM	Social Economy	23	284	307
11	Software Accounting Training	1	September 2024	Bardiya, District	Social Economy	1		1
12	HMG Strengthening	2	November 2024	Simkot RM	Health & WASH		18	18
13	Training to Health Workers	2	June 2024	Simkot and Kharpunath RM	Health & WASH	6	24	30
14	Equipment Support to Health Facilities	3	August 2024	Simkot and Sarkegad RM	Health & WASH	106 2	1241	2303
15	Orientation to FCHV	2	June 2024	Simkot RM	Health & WASH		18	18
16	Orientation to HFOMC on Community health	4	May 2024	Chankhili and Sarkegad RM	Health & WASH	22	14	36
17	Critical treatment support to sponsored child	3	April & November 2024	Simkot and Chankhili RM	Health & WASH	2	1	3
18	Handwashing station Installation	1	September 2024	Simkot RM	Health & WASH	111	86	197
19	General Health Check-up of sponsored children	1	November 2024	Simkot, Sarkegad, Chankhili & Kharpunath RM	Health & WASH	839	870	1709
20	MHM toilet construction	1	September 2024	Simkot RM	Health & WASH	120	233	453
21	Community WASH Education	6	July 2024	Kharpunath and Simkot RM.	Health & WASH	105	153	258
22	Interaction with Traditional Healers	1	September 2024	Simkot RM.	Health & WASH	18		18
23	Training to school teachers	2	June 2024	Kharpunath and Simkot RM	Health & WASH	19	11	30
24	WASH orientation to Students	9	July 2024	Simkot and Kharpunath RM	Health & WASH	140	179	319

25	PMC Meeting	1	September 2024	Simkot RM	Cross Cutting	11	4	15
26	Special Day Celebration	2	December 2024	Simkot RM	Cross Cutting	126	103	229
27	Staff Review Meeting	1	September 2024	Simkot RM	Cross Cutting	16	5	21
28	Social audit (RM wise)	1	December 2024	Kharpunath RM	Cross Cutting	23	12	35
29	LPAC Meeting	1	December 2024	Kharpunath RM	Cross Cutting	14	1	15

### 3. Major Achievement: -

Project's Theme	Major achievement
<b>Social Economy</b>	<ol style="list-style-type: none"> <li>1. Completed vegetable seed Support to Farmers (Fist &amp; Second Phase) of 3 cooperatives to 307 farmers.</li> <li>2. Completed Natural farming training (First &amp; Second Phase) of 3 cooperatives to 11 groups.</li> <li>3. Completed ToT on Natural Farming training of 3 Cooperatives to 11 LRPs.</li> <li>4. Supported cooperative software training to Dudhakunda cooperative manager by the special program Software Accounting Training.</li> <li>5. Farming accessories supported to 260 farmers where it has supported Greenhouse to 46 farmers.</li> <li>6. Completed Account &amp; Revolving Fund Monitoring Training at 3 RMs of 7 cooperatives.</li> <li>7. Supported management support to 6 cooperative managers.</li> <li>8. Software Renewable Cost &amp; AMC supported to Mastadev agriculture cooperative.</li> <li>9. Skill Development training provided to 8 Cooperative managers.</li> <li>10. Natural Farming Demonstration program conducted to 3 cooperatives of in 7 places.</li> <li>11. Established School Kitchen Garden and Nutrition Awareness Program at Sita Model Secondary School of Kharpunath RM.</li> </ol>
<b>Health &amp; WASH</b>	<ol style="list-style-type: none"> <li>1. HMG Strengthening Program conducted at Simkot RM to FCHV.</li> <li>2. Training to Health Workers provided at Simkot and Kharpunath RM</li> <li>3. Health Equipment Supported to 2 Health institutions viz: Simkot RM and Sarkegad RM.</li> <li>4. Orientation on WASH provided to FCHV of Simkot RM.</li> <li>5. Orientation to HFOMC provided to Health management committee of Chankheli and Sarkegad RM.</li> <li>6. Supported Critical treatment support three sponsored children of Simkot RM and Chankheli RM</li> <li>7. Child friendly Handwashing Station constructed at Ralling Secondary School, Simkot-3, Humla</li> </ol>

	<ol style="list-style-type: none"> <li>8. General health check-up of sponsored children conducted in collaboration with local government at Kharpunath RM, Simikot RM, Sarkegad RM and Chankhili RM.</li> <li>9. MHM toilet construction at Mansharowar Secondary School, Simkot RM-6, Simkot.</li> <li>10. Community WASH Education program conducted at Kharpunath and Simkot RM.</li> <li>11. District level Interaction with Traditional Healers conducted at Simkot RM.</li> <li>12. Conducted WASH orientation to schoolteachers and health workers at Kharpunath and Simkot RM.</li> <li>13. Conducted nine events WASH Orientation to Students at Simkot and Kharpunath RM.</li> </ol>
<b>Cross Cutting &amp; MEAL</b>	<ol style="list-style-type: none"> <li>1. Quartely basis Staff Review Meeting conducted in Simikot.</li> <li>2. Conducted PMC Meeting at Simkot.</li> <li>3. Special Day Celebrated in collaboration with RM.</li> <li>4. Conducted Social audit at Kharpunath &amp; Simkot RM.</li> <li>5. Conducted LPAC meeting at Simkot RM &amp; Kharpunath RM.</li> </ol>

## **a. Major Components of Community Development Project**

- 1. Livelihood Enhancement**
- 2. Health and WASH**

Project also implements activities in crosscutting themes: gender equality, advocacy, disaster risk reduction, environment management, partnership and networking along with our core thematic programs.

## **b. Target Beneficiaries**

Poorest of the poor children, their parents, disadvantaged and marginalized communities, people from remote areas, community based organizations (cooperative, mothers group, farmer group, self-help group, SMC, PTA, child club, youth club, HFOMC, VCPC, VWASHCC, and FCHV) are main beneficiary target groups of the project.

## **1. Livelihood: -**

### **1.1 Enhancing Utilization of Financial and Marketing Services for Enterprise Development and Income Generation Activities**

- Awareness campaign/training on IGA
- Formation/Adoption of IG groups, cooperatives
- Increment in cooperative membership

- Training to cooperative members, staff
- Support to cooperatives equipment/ furniture/software
- Exposure visits and other
- Facilitation for insurance
- Revolving fund

## **1.2 Support for Increasing Microenterprise Generated Profit and Employment**

- Training on potential business opportunity, business/financial literacy, business plan etc.
- Vocational training (short, medium and long term)
- Establishment of production, processing and storage facilities (collection center, irrigation channel, drip irrigation, storage facilities etc.)
- Formation and training to management committees of such facilities.
- Other Activities if any.

## **1.3 Increasing Food Sufficiency of Ultra-Poor Households through Income Stabilization**

- Training on farm and off farm IG, improved farming practices
- Formation of self-help groups
- Training and development of local resource person, lead farmers
- Support to promote and establish Agro vet
- Input and other support to ultra-poor
- Animal health camp
- Other Activities if any



### 3. Activities in Details 2024

#### 1. Livelihood:

##### 1.1 Farming accessories support to farmers

Farming accessories support to farmers was planned for 260 farmers of Dudhakunda Mahila multipurpose cooperatives, Panchamukhi Dudhedaya agriculture cooperatives and Mastadev agriculture cooperatives. The objective of this activity is to provide the agriculture materials and farming accessories of vegetables needed by the farmers on time and increase their income by producing vegetables on time. If the agriculture materials be provided on time, the farmers will be freed from the problems caused by the scarcity of agriculture materials by producing vegetables on time. This support was completed on June 2024.

Plastic greenhouse supported 46 farmers of Dudhakunda Mahila multipurpose cooperatives, Panchamukhi Dudhedaha agriculture cooperatives & Mastadev agriculture cooperatives respectively. The main objective of this activity is to enhance the economic status and income generation of the people by agriculture production & vegetable farming. The activity location is Chhipra, Maja, Lekha, Nalna, Syamne, Hildum, Simkot, Burause and Thehe and all the areas are nearer to the district market. Another objective is to establish the greenhouse for winter season farming purposes & create the agro based market in Simkot. This activity is directly assisted by the community people to increase income generation. This support was completed in July 2024.



## 1.2 Natural farming training (First & Second phase)



### 1.3.ToT on Natural Farming

SIDC has conducted 2 days refresher ToT training on natural farming to the selected 11 Leader farmers of Simikot and Kharpunath RM farmers group. The objective of this training was to build the capacity of leader farmers in natural farming. Leader farmer will learn on Minimum tillage, to make (IMO, FPJ, FFJ, OHN, nitrogen-FAA/CAA, phosphorus, Calcium,) and mulching technique of agriculture from the training. also discuss about the previous year experience & Record keeping process. The training was facilitated by CBDO and JTA in Simikot Rural municipality from 22 to 23 April 2024.



### 1.4.Natural Farming Demonstration

This program was specifically organized to promote natural farming and provide direct learning to farmers in the fields level at 7 places under the 3 Cooperative Organizations (Dudhakunda, Mastadev & Panchamukhi). The main objective of this program was to establish a learning center related to natural farming systems, assess the difference between traditional farming systems and natural farming systems, and attract farmers to natural farming systems by giving them direct experience. For the establishment of the learning center, the farmers are being provided with the necessary agricultural Materials to increase the production of the farmers. Another objective of this program is to build the capacity of farmers in natural Farming. From this training farmer learnt on minimum tillage, how to use IMO, FFJ, FPJ and mulching technique, Oriental herbs nitrate (OHN), Nitrogen-FAA/CAA,

Phosphorous and Calcium in the field. The training was facilitated by CBDO and JTA in Simikot Rural municipality & Kharpunath Rural Municipality on June 2024.



### 1.5. Skill Development training for Cooperative Manager

Two-days refresher training conducted on Skill development training to cooperative manager of 8 cooperatives. The objective of the training was to strengthen the overall capacity of the cooperative Manager, ongoing work more effectively, accurately and to make various types of reports more organized and accurate manner. Another objective was to review the effectiveness of the previous training, record keeping, monthly operational report preparation, four ledger management, Revolving fund management, Internal Fund management with overall documentation Process. This program included the manager of Shrijanshil agriculture Cooperative, Pokhri agriculture Cooperative, Karnali Dovan Agriculture Cooperative, Panchamukhi Dudhedaha Agriculture Cooperative, Himali Organic Agriculture Cooperative, Mastadev Agriculture Cooperative, Dudhkunda agriculture Cooperative & Bageshwori Agriculture Cooperative. The training was facilitated by CBDO & JTA. This training was completed on May 2024.



## 1.6 Software Cost and AMC

Last year it supported desktop computer and printer and AMC software installation to Mastadev Cooperative of Thehe and this year again it has supported AMC software installation to same cooperative. The objective of this activity was to renew Cooperative Software of Mastadev Cooperative Thehe and operate cooperative software and to make cooperative tasks effective and smooth for the promotion of cooperative. This program is specially intended to enhance the capacity of the cooperative and to keep the business transparent as well as to make the time-friendly cooperative technology-friendly. This program has helped to increase the capital of the cooperative and keep accounts record easily. This was supported on June 2024.

## 1.7. Software Accounting Training

This year it was planned to strengthen cooperative management of Dudhakunda Mahila Multipurpose cooperative manager for cooperative software training. The main objective of this training was enhancing the computer skills of manager, to operate cooperative software and to make cooperative task effective and smooth for the promotion of cooperative. For this cooperative manager was sent at Bardiya District to take 15 days training. Before sending at Bardiy cooperative manager had taken basic computer training in Simikot. This Training was completed in September 2024.



## 1.8. School Kitchen Garden and Nutrition Awareness

School Kitchen Garden and Nutrition Awareness program was conducted at Sita Model Secondary School Kharpunath-4, Chhipra. The main objective of this program was to promote the Nutrition awareness program in the school. Actually this school is running day and night boarders for school children who are out of community. More than 25 children are bordered in this school to enhance the quality education as well as maintaining their discipline. By the establishing of kitchen garden in the school, students are encouraged on positive attitude towards the agricultural profession and to develop their ability towards farming in the leisure time. In addition, it makes a learning center for the students in the premises of their own school. Similarly, this also aims to easily produce vegetables required for the school's hostel and also to increase income by selling excess vegetables at a low price within the nearest market. To establish a school kitchen garden, this project provided vegetable seeds and all necessary agricultural materials for the summer season, as well as plastic greenhouse and seeds for the winter season. Additionally, training was provided to the students. Through this program, the school

successfully earned a good income by using the produce for mid-day meals and selling it in the school hostel. This training was conducted in May & November 2024.



### 1.9..Account & Revolving Fund Monitoring Training

The account and revolving fund monitoring training was planned for 8 cooperatives of 4 RMs. This training was provided to 8 cooperatives namely Himali organic agriculture cooperative, Pokhri agriculture cooperative, Karnali Dovan agriculture cooperative, Shreejanshil agriculture cooperative, Mastadev agriculture cooperative, Dudhkunda Mahila Multipurpose Cooperative, Bageshwori agriculture cooperative and Panchamukhi Dudhedaha Agriculture Cooperative in their respective areas. There was the participation of the general committee members. The one-day training was conducted in each cooperative. The purpose of the training was to track the effectiveness of the previous training and also discussed on faced problem in the cooperative. Similarly, it was also to check the accounts either it has been updated or not. The objective of the program was to direct and monitor the proper utilization of the revolving fund. Since, revolving fund has been provided to the cooperatives with a purpose of supporting and establishment the micro-enterprises. The training had strategies set-up for the effective mobilization and monitoring of the fund. The major account management principles were discussed and practically carried out & to develop the leadership quality of the cooperative members for the institutional development. It was facilitated by CBDO & Junior technical assistant (JTA). The training was started from July and completed in August 2024.



## 1.10. Cooperative Management Support

This activity was planned for 6 cooperative managers namely (Panchamukhi Dudedaha Agriculture Cooperative, Mastadev Agriculture Cooperative, Dudhkunda Mahila Multipurpose Cooperative, Himali Organic Agriculture Cooperative, Pokhri Agriculture Cooperative and Karnali Dovan Agriculture Cooperative) to motivate them to do better and for systematic management of the cooperative. The objective of the activity was to promote effective, maintaining the 4 ledger accounts and timely reporting as well as actual report keeping for the transparency. It was supported from January to December 2024 to 6 cooperative managers who updated their all 4 ledgers.

## 1.11. Seed Support to Farmer

This year seed supported to 306 farmers who are linked in the cooperative. The objective of this support was to get easily hybrid seeds in time and to produce vegetables for their good health and make some income for their livelihood. Similarly, this activity also enhanced the economic status and income generation of the people by vegetable farming. After conduction of one-day orientation on natural farming it was supported seed of vegetable (Cauliflower, Cabbage, Capsicum, Tomato and Onion) to the selected farmers. If the seeds are provided on time, the farmers will be freed from the problems caused by the seeds by producing vegetables on time. This vegetables seeds were supported in Simkot RM and Kharpunath RM ( Chhipra, Maja, Nalna, Syamne, Hildum, Simkot, Burause and Thehe) which is near to district head quarter which makes them to easily sells in the district head quarter market. This support was conducted in May & November 2024.



## 2. Health and Wash

### 2.1 Enhancing Health seeking behavior of community members

- Equipment, basic utilities, furniture support to health facilities
- Construction and renovation of health facilities
- Mobilization of health workers
- Training/Orientation to health workers/HFOMC/MHM/FCHV/HMIS
- Training on maternal and child health issues, first aid, non/communicable diseases
- Other activities if any

### 2.2 Enhancing Safe Hygiene and Sanitation Practice in Community

- Construction of child and gender friendly toilet at school's/health facilities
- Formation and training to S-WASH-CC
- Construction and renovation of DWS
- Test and treatment of water source
- Construction of waste pit
- MHM cornet/kit support to school/health facilities
- WASH Education
- Health camp/ health check-up/Critical treatment support
- Support of sanitation materials
- Other activities if an

## 2. Health & Wash Activities of 2024

### 2.1 MHM toilet construction

This year MHM toilet is constructed in Mansarowar Model Secondary School Simikot-6 Humla. This school is situated in the district head quarter of Humla district. And the school is running grade 6 to 12 where children study civil engineering and agriculture diploma course. So, most of the children are from others RM and they have taken room for higher study. Similarly, most of the vendors children of Simikot also study in this school, being one of the model schools of Humla district. Due to the lack of MHM toilet in school, adolescents' girls are compelled to go urinate in a very old toilet which is made of stone and roof. Similarly, the existing toilet of girls is very far from school which kills time of girls and female teachers. As we know mensuration is an important part of a female life, that's why Mensural hygiene management (MHM) is an essential aspect of hygiene for all women and adolescent girls between menarche and menopause. Although it is an important issue directly linked with the health of females of the menstruating age group. MHM is overlocked as menstruations is often stigmatized and made of a topic of shame in our communities due to this reason especially the school going girls were facing a lot of health problems that arise because of the poor MHM at school. Therefore, for the proper sanitation and hygiene maintenance of adolescent's girls and female teachers it has constructed MHM toilet in this school in coordination and collaboration with Simikot RM and school. For this construction work RM contributed 30% of GNI total MHM POA budget and school contributed only some budget. This support was completed in November 2024.



**2.2.Orientation to HFOMC on community health**

The activity was completed in May 2024. The orientation was conducted in 4 Health Post. It was conducted at Chankhili RM (Puma CHU & Mekhala CHU) & Sarkegad RM (Saya Health post and Ripa Health post). The main objective of this orientation was to operate health facility properly, provide a timely service with proper management, orient HFOMC members regarding new guidelines of health system and also to strengthen health planning, health facility monitoring and to promote health facilities access and social services. In the orientation program 36 person were participated. It was facilitated by PHO in coordination with the Rural Municipality Health In charge.





### 2.3. Orientation to FCHV

The activity was conducted in June 2024. This one-day training was provided to Female Community Health volunteer of Simikot RM ward No 7 Dadaphaya Health post and ward No 8 Syanda Health Post. The main objective of this activity was to aware FCHVs and HMG also to make as a trainer on implementing FCHV related different activities in the community level specially conducting HMG meeting and generating and solving the issues of the community dwellers. Also, capacitate FCHV for proper mobilization in the field and to assist in institutional delivery, to acknowledge about Health post facilities and make them confidence on delivering the facilities of HP, and EPI and also to train them for conducting training on community level Health related program and conduct timely immunization. The training was facilitated by PHO and Health Assistant of Dadaphaya & Syanda Health post.



### 2.4. Critical Treatment Support to Sponsored child.

This year it has supported critical treatment to three sponsored children of Simkot RM (Thandevi Sunar & Dipesh Budha ) & Chankhili RM (Dipen Bhakri) respectively. The main objective of this support is to make the child's family make less burden form financial burden so that the child can live a normal life and continue school with good health.

Thandevi Sunar belongs from poor and vulnerable family background. She is an orphan child with several disabilities. She has been suffering from dizziness for the last 2 years ago. This time she is little bit well after getting treatment in Kathmandu. To make her checkup she went to the district hospital for treatment on 14th Paush, 2080. The doctor referred her to the higher center for her further treatment. After being referred from district hospital she went to Patan Hospital and the Patan hospital again referred her to the Bir Hospital. There the doctor told her parents to do an MRI on her. The report diagnosed polymicrogyria in her right brain. This time the child's health condition is little bit good Dipen Bhakri was enrolled in the sponsorship program in 2021 and is studying in Shree Nima Primary School Grade Nursery. The child was suffered from Hernia. For his first checkup he was taken at nearest health post, but the doctor referred him to take at Bheri hospital of Nepalgunj for well treatment. When the child was taken at Bheri hospital, the doctor provided his operation date for 18th March 2024 being many patients in que. But, after getting the approval of GNI HO to get treatment from a private hospital, the parents admitted the child to a private hospital for proper and timely treatment of the child. This time the child's health condition is good. Dipesh Budha resident from Simikot Rural Municipality is the Sponsored child of Good Neighbors International Nepal, Humla Community

Development Project. The child was linked in sponsorship service program in the year 2020 and studying at Shree Saipal Himal Secondary School, Syada in grade Three. The child is suffering from brain tumor which causes vomiting and fainting. This time the doctor has diagnosed him with brain tumor so he has suggested for his operation. But due to lack of money his parent was managing budget for his operation. This support was done in April & November 2024.



## 2.5. General Health Check-up of Sponsored children

This year General health checkup was conducted in 20 centers of ICDP coverage area of four rural municipalities i.e. Sarkegad, Kharpunath, Simikot & Chankhili RM respectively. Health checkup camp was started from May to October 2024. In total Good Neighbors Sponsor children 1709 (Male-839 & Female-870) and non-sponsor children 393 (Male-169 & Female-224) were benefited from the health check-up service. The main objectives of health checkup are to ensure the general health condition of sponsored children, provide the suggestion to sponsored children for personal hygiene maintain and to find out the critical health cases among the sponsored children and refer them in higher level of health institution. This service was facilitated by related health post health staff with the coordination of RM





## 2.6. Equipment Support to Health Facilities

Health equipment supported to two HP and one BHU i.e. Syanda Health post & Dojam Basic Health Unit of Simikot RM and Jaira Health Post of Sarkeghat RM. The main objective of this support was to smooth functioning of the health post and BHU. Similarly, the equipment's were supported for effectiveness of the health units and to provide good health facilities to the community people. It was supported 22 items to Dojam HP, 17 items to Jaira HP & 9 items to Syada HP. It was handover on August 2024.



## 2.7. Drinking Water System Construction.

Drinking Water System construction was completed on September 2024 at Ralling Secondary School Simikot RM-3 Bargaun. The main objective of this program was to provide drinking water easily for the students and teachers studying in the Ralling Secondary School Bargaun. From this support 197 children and teachers have become directly benefited by easily supplying clean drinking water, which is very necessary for the students and teachers who are studying in this school. For this construction school has contributed 20% budget of GNI total POA budget of DWS.



## 2.8. Community WASH Education

The One Day Community WASH Education to community People program was conducted on July 2024 at Kharpunath RM & Simkot RM. orientation was given to the parents about the Total Sanitation. The main objective of this training was to enhance the wash knowledge and total sanitation for conducting training to Community people. WASH is an important part of a whole life in community, that's why it is an essential aspect of WASH for all community. Although it is an important issue directly linked with the health of community. After the orientation program 6 community people ensured community on total sanitation. It was conducted at Kharpunath RM Ward-1 Lali, ward-3 Raya, ward-5 Takla and Simikot RM Ward-2 Thehe, ward-7 Dadaphaya & ward-8 Saynda. The orientation program was facilitated by PHO.



## 2.9. WASH Orientation to Students

The WASH Orientation Program was conducted on July 2024 at Simkot RM & Kharpunath RM. It was conducted nine events. The main objective of this program was to educate the school students about the Total Sanitation. In total 319 school students participated in the program and gained knowledge about the Total Sanitation. This orientation program enhanced the wash knowledge and total sanitation to students. As we know, WASH is an important part of a whole school life, that's why it is an essential aspect of WASH for all students. The activity was conducted by the teacher who took training on health education. The training was facilitated by PHO and schoolteachers. This program was conducted at Simkot RM (Ramdev SS, Thehe, Kailash SS. Dadaphaya, Saipal SS, Syanda, Ralling SS. Bargaun ) and Kharpunath RM ( Shankar SS, Thali, Mandhara SS, Kharpelgaun, Humla SS. Raya, Sita Model SS, Chhipra & Malika SS. Lali).



## 2.10. Training to Health Workers

The Total Sanitation & WASH training was conducted at Kharpunath & Simkot RM. This activity was planned based on POA of 2024. Total 30 Health workers and related persons has been directly benefitted from this training. The main objective of this training was to enhance the wash knowledge and total sanitation for conducting training to teachers & health workers. The training was facilitated by District Coordinator of SUSWA Project Mr. Raju Chaudhary on June 2024 who is TOT trainer of WASH.



## 2.11. Interaction with Traditional Healers.

The Interaction Program was conducted in September 2024 at district head quarter Simkot, Humla. In the financial support of GNI, SIDC was planning to conduct a district level one-day interaction program with Traditional Healers at Mansarowor Hotel Simikot. The Interaction program was facilitated by TOT trainer Mr. Dhurba Shahi and led by journalist specially focusing on menstrual hygiene, institutional delivery, irrational myths and related to WASH. As we all know menstruation is a biological process that ensures the continuity of humanity. Globally, menstruation is perceived as only a biological process. However, in Nepal, it is associated with customs and has various restrictions. Previously, when menstrual hygiene management materials were not developed, there were many restrictions and separation for women and girls during menstruation because they could not manage their menstrual blood properly. However, nowadays, since most people have MHM materials and underwear, we do not need to separate and restrict them. However, still many people are following the same old ways without knowing why.

The main objective of this program was to enhance awareness of menstrual hygiene, debunk the irrational myths associated with menstruation and orient on existing laws related to menstruation and discrimination.



## 2.12.HMG Strengthening.

Based on POA it was mobilized FCHV in Simkot RM of Dadaphaya health post & Syanda Health Post. It was mobilized for six months (June-November) for the purpose of promoting utilization of health services and adoption of preventive health practice in the community. The main objective of this activity was to make the community neat and clean and 100% institutional delivery and also to act as a community based Voluntary Health Educator Promoters in the community. The major role of the FCHV is to link the community with available health care services and play key roles for delivering services of family planning maternal/ neonatal health child health and selected infectious disease and other health issues in the community. The FCHV of respective ward mobilized monthly during ORC day, EPI day and HMG meeting to promote utilization of health services and adoption of preventive health practices and increase the participation of community in improving health. In that RM it was mobilized 18 FCHVs to ensure sanitation and to promote healthy behavior of the community people by utilization of available health services. Similarly, it was also to raise awareness on health through the FCHVs of respective wards.



### 3. Cross cutting & MEAL

#### 3.1 PMC meeting

This activity was conducted and completed at Simikot RM on September 2024. The objective of the meeting was to review the work done before and to discuss the work to be done in the coming days with PMC members, GNI project coordinator and representatives of the partner organizations. The orientation was facilitated by GNI focal person, Cluster coordinator and partner thematic officers.



#### 3.2 Staff Review Meeting.

This activity was conducted and completed at Simikot RM on September 2024. The objective of the meeting was to review the work done before and to discuss the work to be done in the coming days with partner's organizations staffs, GNI Cluster coordinator and representatives of the partner organizations and discuss about the overall implementation condition of the project.



#### 3.3 Special Day Celebration.

The activity was conducted in September & December 2024. On the date 14 September 2024 Simkot RM was conducted International Child Day Celebration in the premises of different school of Simkot RM and on the date 3rd December 2024 Simkot RM was conducted International Day of Disability

Celebration in the premise of Balmandir Secondary School. For the celebration of Disability Day & Child Day Simkot R and different N/INGO were collaborated the budget. Its purpose was to change the behavior of people with disabilities and develop a positive attitude towards them in society.



### 3.4 Social Audit (RM wise)

SIDC and KIRDARC were conducted jointly social audit program at Kharpunath RM on 26<sup>th</sup> December 2024. The objective of the program was to maintain the transparency and accountability of the project along with getting feedbacks from the local units. The feedbacks will be then used for further improvements of the projects. likewise, further collaboration opportunities can also be developed. It was held in coordination with implementing partners, GNI and the respective local units' representatives as well as the concerned stakeholders in all the municipalities. In this program sharing project progress, budget, issues, learning and next year plan of livelihood, health and education. After presentation collect the feedback with stakeholders. They suggested to ICDP to increase resource and program in Kharpunath RM. A social audit is a formal review of a NGO, INGO endeavors, procedures and code of conduct regarding social responsibility and the project impact on society. A social audit is an assessment of how well the project is achieving its goals or benchmarks for social responsibility.





### 3.5 LPAC Meeting

This year the LPAC meeting was held at Simikot Rural Municipality and Kharpunath RM on 23<sup>rd</sup> & 25<sup>th</sup> December 2024. In the meeting there was a presentation about the project activities, achievements and issues and challenges, lessons learnt and best practices. LPAC Meeting is a formal review of a NGO, INGO, endeavors, procedures, and code of conduct regarding social responsibility and the project impact on society. The LPAC Meeting is an assessment of how well the project is achieving its goals or benchmarks for social responsibility. In the meeting feedbacks were also collected from the RM chairperson, Vice chairperson, Executive Officer and GNI related thematic heads of the RM.



### 4. Suspension bridge program

This Snowland Integrated Development Center has been running the swing bridge program since the past. In the year 2081|082, with the financial support of the Provincial Government, District Infrastructure Development Office, Humla, 6 swings and bridges have been surveyed and operated in 7 villages of Humla district.

Out of the 6 bridges, the construction of TS Bridge has been completed in Chosan of Namkha Village Ward No. 3, while the other 5 bridges are under construction. In order to fulfill the main slogan of the Government of Nepal to create a bridge-free country, this center has been conducting bridge-related programs in partnership with various agencies. Due to the non-construction of bridges on different rivers, the people of different settlements of Humla district were forced to die prematurely, and they had to spend a lot of time to go from one place to another.

## Bridge Photo



### 5. Best Practices: -

- Communities are assessed to good health facilities due to the health equipment's support, DWS construction and MHM Toilet Construction.
- Priority on cleanliness by the community people themselves.
- Farmers can produce vegetables also in unfavorable environmental conditions, i.e. snow falls.
- The income level of most farmers has increased as compared to their situation before getting into vegetable farming.
- Cooperatives have been assessed to different trainings and facilities to uplift their organization.

## 6. Lesson Learned: -

- The program should be monitored time to time whether it is being implemented effectively or not.
- Field staff should regularly inform the supervisor about the programs that are going on with their responsibilities.
- Vegetable seeds should be import within time.
- When handling over the equipment and other materials, it should be given only to the responsible person, otherwise it will be lost and break.
- Mandatory monitoring of all cooperative once in every 2 months.
- In order to give confidence in natural farming, technical staff should be deployed throughout the year.
- Learning centers should be established in every place to teach and to enhance confidence in the farmers.
- Collection Center is important in every cluster.
- Practical session is more effective than theoretical session in the community level activity.
- Regular follow-up with the farmers makes the work more effective.
- Wash education and other school support programs help to increase access towards good health.
- Change is possible through awareness programs by changing behavior.
- It would be better to conduct health checkups of non-sponsor children from our working areas.
- It would be better to keep a special health camp rather than to keep a general health camp mobilizing specialists with advanced instruments in the field.
- Infra-structure and health equipment support to health posts increases the access of health service delivery to the community people. It has strengthened the health facilities
- Program should be planned and completed on time.
- Employees must attend in the office on time than field work and at the end all the planned activity will be completed at once.
- Local level partnership and collaboration in various projects and programs in very importance for any types of work.
- Priority of emergency assistance for disaster management.

## 7. Challenges and Way Forwards:

- Schools are not maintaining DWS and toilet which is supported by the project.
- Not timely getting quotation of materials.
- The time of the IGD workshop should be the same as the time when the farmers need consultation, advice, and suggestion for farming.
- Quotation and no renewable and VAT bills easily found in Humla.
- Could not make a cooperative improved and run smoothly because of the low level of education status of the beneficiaries (Share Members etc.) and the cooperative management committee.
- Communication challenges due to poor network, thus delays in reporting.
- Some of the participants are oriented to daily allowances which hinders the effectiveness of the program.
- Difficulty in remobilization of revolving fund during the off season due to the costly price of the construction materials of polyhouse and limitation of revolving fund.

- The geographical landscape and communication facility are not well in remote villages. It is difficult to deliver the message and equipment in timely.
- Transportation of the Health equipment is not easier because porter is not ready to carry uneasy materials.
- Difficulty in completion of construction work on time due to the poor transportation and fluctuation of material prices.
- Lack of timely coordination with local authorities, create plans to monitor the effective implementation of each activity.
- Others options for transporting goods should be explored and for timely implementation.
- Not being able to properly use and maintain health materials as well as other assisted materials.
- Create plan to monitor the effective implementation of each activity.
- The workshop should be done within the month of January.
- Cooperative managers should be trained 3 times a year for reporting

## 8. Conclusion:

GNI, basically works in the remotest places of Nepal for improving the lives of poor people for their better livelihood status and income generating activities, especially children through education, community through cooperative, health and water services, child protection, disaster risk reduction, advocacy and network building in the harsh situations and remotest places of Nepal.

There are many activities, out of them most of them are completed and some are ongoing. The future programs should be planned systematically. Every plan of the activities should be timely prepared. According to the plan, time of implementation should be allocated.

On the context of GNI program the detail analysis of the field location and work is necessary. The reporting format should be provided before-hand even if it is annual report. The community people have demanded to increase more programs. Most of the farmers have demanded trainings as well which is needed for the farming. It is necessary to increase using effective norms, values and indicators to operate the programs in the field timely. The impact to Good Neighbors International and SIDC is satisfactory from the point of view of the people of the program lunched areas. It is necessary to make sustainable relationship and mutual understanding between two organizations and to the community to implement the programs effectively.

There is a need of reliable vendor to import program related goods in-time. However, the delay is due to the erratic and unusual snowfall and weather condition. For that we should be able to recognize alternative solution as well.

GNI, after the commitment with SIDC, it is implementing livelihood, health and wash program in the community regularly. According to the context of Humla, there is difficult to collect the quotation from the vendors, procurement process also takes a quite longer time. Not only this, but due to geographical condition, the problem of communication also caused delays in the process. Even it, SIDC Humla always tries to conduct the program in the community to achieve the output of the program and the goal of SIDC and GNI. During this project period, SIDC Humla has learned some lessons which GNI should take positively to conduct the program easily and effectively in the field level. It also suggests that, if possible, it would be better to enlarge income generation programs also in other GNI working RM instead focusing only in Simikot & Kharpunath RM.